

Outpatient Treatment Center in Arizona

renaissancerecoverycenter.com/outpatient-treatment/

Are you or somebody you know struggling with drug or alcohol addiction? The unfortunate truth is that substance abuse is a serious problem in the United States. But luckily, there are many options for moving past addiction and living a healthy, active lifestyle. If you're looking for outpatient substance abuse treatment in Arizona, then Renaissance Recovery Center has the high-quality services you can trust. Our recovery program promotes healing and wellness for those suffering from substance abuse, psychological, or emotional challenges.

Call Renaissance Recovery Center today to get one step closer to a healthier and happier life!



Intensive Outpatient Substance Abuse Treatment

While you might understand the importance of seeking treatment when involved with substance abuse, it may be hard to find a program that works with your schedule.

Renaissance Recovery Center is happy to offer outpatient drug treatment that works around your needs, whether there's a conflict with work, school, or any other priority. We

also are proud to offer treatment for the individual, groups, or whole families. Our holistic approach uses evidence-based therapies that can:

- Improve life-building skills
- Lead to finding a job

- Help cope with urges
- Help deal with feelings and behaviors
- And much more

PRIMARY PROGRAM: 90 DAYS IN LENGTH

Renaissance Recovery Center's ***intensive outpatient program runs 3 nights per week***. We also include at least 1 individual session per week, along with family counseling services. Our group sessions are smaller and designed to create a more intimate setting. This allows for a personalized recovery experience while maintaining the benefits of a group dynamic.

At Renaissance Recovery Center, we take addiction recovery seriously. People come through the doors of treatment for many reasons; often due to outside pressure. We help each client to enter the gate of personal recovery; choosing a life of sobriety for themselves.

- **Personal Integrity:** Honesty, open-mindedness, and willingness are essential to recovery. We help our clients learn to practice and integrate these character-building attributes.
- **Group Integrity:** The group is a foundation for recovery. All addicts struggle with denial, delusion, and self-deception. Many need the perspective of others to better see the reality of chemical dependency. Group therapy is a vital element in this process. This requires a willingness to give and receive help; honestly, directly and respectfully.
- **Staff Integrity:** At Renaissance Recovery Center, we “practice what we preach”. Our staff has extensive, personal recovery experience and understands what it takes to put addiction into remission. We live and model principles of sobriety, holding ourselves to the highest standards.

Outpatient Alcohol Treatment

For those ***dealing with alcohol addiction***, Renaissance Recovery Center offers an exceptional outpatient alcohol treatment program. Our outpatient setting means that we're open to working with your specific schedule, which provides you with personalized care when you need it most. Our comfortable treatment center provides a comfortable environment to help move past addiction in a non-judgmental way.

Outpatient Co-Occurring Disorder Treatment

In many cases, those who are ***dealing with drug addiction or alcoholism might also be dealing with a mental illness such as depression, anxiety, PTSD, bipolar, etc.*** We provide support and care for these individuals through our outpatient co-occurring disorder treatment program. Our solutions are aimed at treating both disorders simultaneously to help tackle challenges that occur from these multiple disorders.

Aftercare

PROGRAM LENGTH: 90 DAYS IN LENGTH

Our ***aftercare program consists of 1 group session per week***. We address issues related to long-term sobriety maintenance. This is an important phase of treatment, providing ongoing support and reinforcement as our clients continue to apply the tools and skills of recovery. One of the strongest predictors of long-term sobriety is the length of treatment. We will provide our clients with the time and resources necessary to achieve the best outcome.

ALUMNI GROUP: Ongoing

Renaissance Recovery Center provides a weekly support group for our alumni and current clients. This group offers ***ongoing recovery support***, along with an opportunity for service. Recovery happens within relationships. Fellowship within the Renaissance Recovery Center Community is an integral part of our success. Every person is an individual with unique circumstances and overcoming the difficulties of addiction works best with an approach that is able to adjust to the different needs of individuals. That is why we offer a diverse selection of counseling services which includes:

OPIATE DEPENDENCE SUPPORT GROUP: Ongoing

Opiate detoxification involves physical, emotional and psychological factors. It is not easy to let go of the drug. There is always the fear of withdrawal symptoms. Oftentimes, the emotional and psychological dependency can be even stronger. Renaissance Recovery Center provides a group specifically designed to address issues related to opiate addiction, helping our clients to create a life free of dependency.

Frequently Asked Questions about Opiate Addiction



Watch Video At: <https://youtu.be/BA82p1LJYfw>

Treatment topics include, but are not limited to:

Benefits of Our Outpatient Treatment Center

For those suffering from drug addiction, alcohol addiction, or other mental challenges, finding a caring and effective program might be difficult. Renaissance Recovery Center offers many intensive outpatient treatment programs in a safe, respectful, and non-judgmental environment. Take a look at even more benefits of choosing us:

Available 24/7

Our team is proud to be available 24 hours a day, 7 days a week. Feel free to call us at any time or [fill out our form](#) and we will get back to you very quickly.

Free Consultations

We understand that signing up for substance abuse treatment or other programs might be a very difficult decision. That's why we are happy to offer free consultations regarding our services. During one of these comprehensive consultation appointments, our team can clearly discuss treatment details, costs, insurance coverages, length of treatment, and much more.

One Call Can Change Your Life

Drug addiction, alcohol addiction, and other mental conditions can leave you feeling like you're trapped in a long, dark hole. Renaissance Recovery Center in Arizona provides the light at the end of the tunnel. Whether you're looking for a strong support system, an intensive program, or just someone to talk to about your addiction, our team is here for your specific needs.

WE PROVIDE REFERRALS FOR:

One of our top priorities is making sure that every individual we see is able to get access to the care that is best suited to their needs. To ensure this goal, we provide referrals for the following services and much more:

- **Inpatient detoxification**
- **Inpatient rehabilitation**
- **Detoxification Services**
- **Suboxone detoxification**
- **Eating disorders**
- **Grief and loss**
- **Chronic pain management**