

Outpatient Drug And Alcohol Treatment for Gilbert, Arizona

renaissancerecoverycenter.com/outpatient-drug-and-alcohol-treatment-for-gilbert-arizona



Getting Help For Your Addiction

Drug and alcohol addiction is a downward spiral that can cost you the trust of your family, your job, your home, and your health if you don't seek the help of a drug and alcohol rehab center. Often, the addict may worry about the costs or time it takes to seek help at a Gilbert Arizona treatment center, but the truth is – continuing in the addiction can be frustrating, painful, and a financial and emotional roller coaster.

The help you need starts with accepting that you have a problem with drugs or alcohol.

The next step is to make the call for a clinical assessment at a [drug and alcohol rehabilitation center in Arizona](#). At the Renaissance Recovery Center, we offer programs that have proven success rates including [Intensive Outpatient Substance Abuse Treatment](#) which is a primary 60-day program, Group therapy, and a 90-day Aftercare program.

Don't Wait Until It's Too Late, Learn How To Recognize The Signs Of Drug And Alcohol Addiction, Understand The Symptoms, And Know-How We Can Help.

[Contact Us!](#)

Signs Of Drug Addiction

Both drug and alcohol addiction will eventually lead to the same unhappy ending. Substance abuse is characterized by a deterioration in the addict's quality of life including family, friends, work, finances, legal problems, medical issues, and emotional and mental decline. As the alcoholic or addict builds up a tolerance for their drug of choice, their behavior grows more and more erratic as they must find money or other means of access to drugs and alcohol.

Every addict will display a variety of signs that depend on the individual's circumstances and personality, but for most addicts, these are the common signs and symptoms which indicate an addiction to drugs or alcohol:

- Increased need for more drugs or alcohol
- Loss of interest in work or family
- Depression and/or anxiety
- Violent or dangerous behavior
- Lack of interest in hobbies or other activities
- Failing We health or mental stability

Drug Rehabilitation Can Change Your Life

Deciding to consult a drug rehabilitation center AZ for your substance abuse problems is a big step, and it is your best hope for taking back control of your life. If you live in or near Gilbert AZ, Renaissance Recovery is her to help you reclaim your life with a wide range of programs directed at helping both the addict and their family to recover.

You should consider rehab anytime the use of drugs or alcohol starts to negatively affect your life. For instance, if you're losing jobs or have increased absenteeism at work. Often, an addict's need for drugs will come before the welfare of the people they love most – meaning your spouse, children, parents, and friends, all of whom suffer right along with the addict. The earlier you make the decision to get the help you need, the greater are your chances at minimizing your financial and personal losses. While addiction treatment isn't easy, going to rehab is your best chance at reclaiming your life.

Drug And Alcohol Addiction Treatment At Renaissance Recovery Center In Gilbert, Arizona

Individuals who wish to overcome their drug or alcohol addiction problem have a number of options. Our primary mission at [Renaissance Recovery Center](#) is to promote healing and well-being of drug and alcohol addicts and their families.

We offer a personalized and enhanced recovery experience since our drug and alcohol treatment program usually involves both clinical; driven methods and the faith-based 12 principles to promote long-term wellness. Our Gilbert, Arizona treatment facility offers the following options:

90-Day Intensive Outpatient Treatment

Our outpatient program is 3 nights a week, 90 days in length. This includes at least 1 one-on-one counseling session each week, as well as family counseling. We have master level therapists with years of extensive experience treating those suffering from addiction and mental issues. We also have smaller group sessions that create a more intimate setting.

60-Day Aftercare Program

Also offer a 60-day aftercare program that consists of at least one group session each week where several issues that are linked to long-term sobriety are candidly addressed. This is a critical step since ***we ensure continued support of all our patients to make the recovery journey a success.***

Customized Recovery Programs

Not everyone is the same. ***For the most successful recovery, we ensure that everyone's treatment plan is customized to meet their specific needs.*** We Provide many different services to help those struggling with addiction. Our programs and approach include the following:

- **12 Steps**
- **Disease Model**
- **Cognitive-Behavioral**
- **SMART Recovery**
- **Family Dynamics**
- **Motivational Interventions**
- **Shame Issues**
- **Trauma and Abuse Survival**
- **Anxiety and Depression**
- **Relapse Prevention**
- **Meditation and Relaxation**
- **Disease Model**
- **Life Skills**
- **Family Dynamics**
- **Gospel Principles and Faith-Based Solutions**
- **Recovery Coaching**
- **1 on 1 Therapy**
- **Process Groups**
- **Established Weekly Alumni Meetings**

We Provide Referrals For Continued Success

We care deeply about the long-term recovery of our clients. This means helping out clients find the best possible resources to meet their specific needs. There are some services we do not offer, therefore we provide referrals for the following:

- **Inpatient Detoxification**
- **Suboxone Treatment**
- **Vivitrol/Naltrexone Treatment**
- **Inpatient Treatment/Rehabilitation**
- **Residential Treatment/Rehabilitation**
- **Sober Living/Transitional Housing**
- **Pornography/Sex Addiction**
- **Eating Disorders**
- **Chronic Pain**
- **Mental Health Services**

Feel free to call us anytime if you have questions about the insurance providers that we accept.

Benefits of Completing Drug Rehab

- Get the tools you need to handle cravings and deal with old drug-using acquaintances.
- Learn to socialize and have fun without the need for drugs or alcohol
- Your self-esteem will increase as you start to regain control over your life.
- Rather than numbing your emotions, you get the counseling you need to cope with life.
- You will confront any feelings of guilt and shame as a result of drug or alcohol abuse.
- Enjoy a happier life without drugs and alcohol as your primary focus

Contact Renaissance Recovery Center For Drug And Alcohol Treatment In Gilbert, Arizona

If you or a loved one is battling addiction, getting professional treatment as soon as possible is highly recommended. The longer you ignore this problem, the more serious its effects on your life will become. [Renaissance Recovery Center](#) is an effective and well-respected drug rehabilitation center AZ. Please [contact us today](#) to learn more about the programs we offer or to set up an appointment.