

# Methamphetamine Addiction Treatment In Arizona

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 [renaissancerecoverycenter.com/addiction/methamphetamine](https://renaissancerecoverycenter.com/addiction/methamphetamine)

## We Can Help You With your Methamphetamine Addiction Treatment in Arizona

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Are you looking for methamphetamine addiction treatment? [Renaissance Recovery Center](#) is a well-known outpatient rehab for drug addiction treatment in Arizona. We offer treatment for methamphetamine addiction programs that foster healing. Our helpful support specialists will guide you, and answer all your questions.

*If you or a loved one is suffering from meth addiction, please call Renaissance Recovery Center at (480) 525-7738, and request for a free consultation.*

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## What Is Methamphetamine?

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Methamphetamine, or meth, is also known as speed. It can be found in crystalline powder form, or in a clear crystal form known as ice. Meth is a heavy stimulant, which can be ingested, inhaled (snorted), smoked, or injected. The effects of the drug can last for 6-12 hours; and are characterized by an initial “rush”, followed by a “crash”. This phenomenon often leads to binge use. Other names for meth include crank, ice, or glass.

## Methamphetamine addiction

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Methamphetamine causes the release of large amounts of dopamine, a chemical affecting the pleasure center of the brain. There is a high risk of misuse, abuse, or addiction

associated with meth; which can develop over a relatively short period of time, due to the intense effect of the drug has on the brain. As tolerance develops within the user, higher dosages are required to achieve the same effect. The user may experience intense psychological and physiological withdrawals, often leading to increased use in order to achieve, or maintain, the same high.

## Why Is Meth So Addictive?

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When an individual uses meth for the first time, they experience intense “high” off the drug. This experience becomes hard-coded in the memory. The brain will be trying to capture the same positive feeling for the remainder of the person’s addiction.

The biggest problem is, NO experience is ever as powerful as the first one. The brain gets used to the drug almost immediately. This means that more meth must be used each time in search of the initial feeling. These unsuccessful efforts lead to severe crystal meth addiction.

## Meth Addiction Symptoms

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There are very many tell-tale signs of methamphetamine drug addiction. Look out for the following signs of meth addiction:

- Needle marks on the neck, arms, hands or feet
- Euphoric states accompanied or followed by depression or fatigue
- Respiratory problems like lung or sinus infections
- Cough or hoarse voice from smoking meth
- Hallucinations
- Anger or irritability
- Deterioration of physical appearance
- Sustained scratching
- Dilated pupils

## Short-Term Effects Of Meth

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- Violent and erratic behavior
- Nausea, excessive sweating, and Diarrhea
- Suppressed appetite
- Poor sleeping habits
- Mood swings
- Increased heart rate and high blood pressure
- Tremor and convulsions
- Suicidal thoughts
- Anxiety and paranoia

## Long-Term Effects Of Meth

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- Brain damage

- Coma
- Depression
- Stroke
- Death
- Weight loss and malnutrition
- Skin infections or boils
- Meth mouth
- Psychosis

If you or a loved one shows one or more signs of methamphetamine addiction, it is high time to consider a treatment program to overcome meth addiction.

## Importance of Meth Addiction Treatment

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Addiction to meth is most effectively treated through a variety of approaches; including physical, psychological, emotional and spiritual strategies. There are often underlying mental health conditions associated with meth addiction; whether pre-existing or due to the consequence of continued usage. This often requires medical assistance to address. Due to the highly addictive nature of methamphetamines, rehab is necessary as the brain regulates. Effective treatment also involves cognitive, emotional, social, and family approaches. After all, addiction is found in isolation, while recovery is found in community support. Adequate structure and support are crucial, as the individual develops and applies the tools and coping skills necessary for recovery.

## Treatment for Meth Addiction

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Meth addiction treatment is a procedural multi-step process as follows:

**Evaluation:** An intake interview and medical evaluation are carried out to ascertain the most suitable treatment and identify any underlying health problems.

**Detox:** Meth detoxification is usually conducted under medical supervision in a facility. Medical specialists attend to patients' symptoms and treatment needs as they finalize the withdrawal process.

**Therapy:** Patients receive a recommendation for inpatient or outpatient meth addiction recovery therapy. The therapy program may include family, group, medication and behavioral therapy. Also, therapy may include counselling, treatment for depression, anxiety and mental challenges that may contribute to meth addiction.

**Aftercare planning:** Before discharge, rehab doctor, staff and each patient meet to develop an aftercare plan to maintain long term meth addiction recovery

## Our Meth Rehab Program

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Our specialized therapeutic strategy to outpatient meth treatment incorporates customized clinical procedures tailored to the individual needs of each patient.

Outpatient treatment programs allow patients to receive top-notch addiction treatment while

continuing with their regular routines at work, in school or at home.

## Intensive Outpatient Addiction Treatment

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**Primary treatment:** group therapy, 60-day program, Monday to Thursday from 6:00 to 9:00 PM

**Aftercare program:** 90-day program, once per week from 6:00 to 9:00 pm

Renaissance Recovery Center is a Meth Addiction Recovery Center in Arizona

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***If you're ready to live free from meth addiction, contact Renaissance Recovery Centre for a free consultation by calling (480) 526-7738 or via a contact form. Our caring advisor is **standing by 24/7**. Our purpose is to help you recover and help your family learn the most effective ways to support you through meth addiction treatment and after.***

Our experienced, professional and certified teams offer expert care in a non-judgmental way in safe rehab environment. ***Our professional awards and certification so far include:***

- NADAC
- Gilbert AZ
- Chandler Coalition on Youth Substance Abuse
- Association of Mormon Counselors and Therapists (AMCAP)

If you or a loved one are suffering from Meth addiction, ***it's time to take steps toward recovery***, don't let addiction control your life. **Renaissance Recovery Center** is located in Arizona and ***fosters healing through Gospel-centered programs and treatment***. Many conditions are **covered by insurance under mental health provisions**. Contact us for a **free consultation** at (480) 526-7738.