

May Motivation: Choosing the Right Arizona Rehabs for Your Unique Addiction Struggles

renaissancerecoverycenter.com/may-motivation-choosing-the-right-arizona-rehabs-for-your-unique-addiction-struggles



As the month of May brings warmer weather and a renewed sense of motivation, it's the perfect time to take control of your life and seek help for your addiction struggles. With so many Arizona rehabs for addiction to choose from, it's crucial to find the right one that caters to your unique needs and sets you on the path to a successful recovery.

In this blog post, we'll guide you through the process of selecting the best rehab center for your individual situation and provide you with the tools to make an informed decision.

Embrace the Power of Choice in Your Recovery Journey

Assess Your Personal Needs: The First Step to a Tailored Recovery Plan

Before diving into the vast pool of Arizona rehabs for addiction, it's essential to evaluate your personal needs and preferences. Consider factors such as the severity of your addiction, any co-occurring mental health disorders, and your support system. By understanding your unique situation, you'll be better equipped to choose a rehab center that offers specialized programs and services tailored to your needs.

Explore Different Treatment Approaches: Find Your Perfect Fit

Not all Arizona rehabs for addiction are created equal, and each facility offers a variety of treatment approaches. Some may focus on traditional 12-step programs, while others may incorporate holistic therapies, evidence-based treatments, or faith-based programs. Research the different treatment modalities available and determine which approach aligns best with your beliefs, values, and personal preferences.

Verify Accreditation and Licensing: Ensuring Quality Care

When selecting an Arizona rehab for addiction, it's crucial to verify the facility's accreditation and licensing. Accredited rehab centers have met strict standards of care, ensuring that you receive the highest quality treatment. Additionally, make sure the facility employs licensed and experienced professionals who are well-equipped to guide you through your recovery journey.

Consider the Location: Balancing Convenience and Comfort

The location of your chosen [Arizona rehab for addiction](#) can play a significant role in your recovery process. While some may prefer a facility close to home for the convenience and support of family and friends, others may benefit from a change of scenery and the opportunity to focus solely on their recovery. Consider your personal preferences and weigh the pros and cons of each option before making a decision.

Evaluate Aftercare Support: A Lifelong Commitment to Recovery

The journey to sobriety doesn't end when you complete your treatment program. Aftercare support is a crucial component of long-term recovery, and it's essential to choose an [Arizona rehab for addiction](#) that offers comprehensive aftercare services. These may include ongoing therapy, support groups, and resources to help you maintain your sobriety and prevent relapse. By selecting a rehab center with a strong aftercare program, you're investing in your lifelong commitment to recovery.

Empower Yourself with Knowledge and Take Control of Your Recovery

Choosing the [right Arizona rehab for addiction](#) is a critical step in your journey to a healthier, happier life. By assessing your personal needs, exploring different treatment approaches, verifying accreditation and licensing, considering the location, and evaluating aftercare support, you'll be well-equipped to make an informed decision and find the perfect rehab center for your unique addiction struggles.

Don't let another day pass by without taking control of your life and seeking the help you deserve.

Contact [Renaissance Recovery Center](#) at (480) 526-7738 to learn more about our specialized treatment programs and how we can help you overcome your addiction struggles.

Our compassionate and experienced team is here to support you every step of the way so that you can start your journey to a healthier, happier life today.

What Our Clients are Saying



As a counselor, I often refer clients seeking assistance with addiction recovery to Steven Brown. He does good work and has been instrumental in changing many lives. I appreciate his many years of experience and his expertise in this area. If you are looking for guidance in your recovery, reach out to Renaissance Recovery Center.



Anita Marple

6 years ago



Steve Brown at Renaissance Recovery Center is the most incredibly caring counselor! I called initially to schedule an appointment and ended up talking to him on the phone for at least 30 mins and he was filled with good advice and a listening ear. He followed up the next day with me to see how things were going. Even though his office doesn't treat my specific need, he still spent time helping me find other resources that will help me. I encourage all who are searching to call this office.



Shelly Colvin

7 years ago



Renaissance is a game changer!! It was the greatest move I have ever made. At 53 years old and lifetime of abuse I was sure nothing would change me; I thought my situation was unique. I started IOP with an open mind and as I grew more and more my life started to get clearer. I have over 10 months now and going strong. Renaissance saved my life and gave me hope. Thank you!~James R



James Ronzoni

3 months ago



These folks seriously do the lords work. I've been to a few treatment places, and none made me actually convinced that the staff cared about me the way Renaissance did. They helped me stay safe, they are there any time you need to call, the facility is open and designed to just use as a hang out spot outside of sessions. Pool table and everything! I learned most of my strongest recovery tools here. I've got 11 months and some change of sobriety now, and I owe so much of that to Renaissance.



laurel oxenborg

4 months ago



Steve brown is a WEALTH of knowledge... having personally dealt with both addiction to substances AND mental illness. We have looked into many resources and feel that Steve has a greater understanding than any other resources we have found. He is incredibly generous with his time and truly is in this work to heal and help those struggling with addiction. Is a heaven sent that we found him and the resources offered at renaissance ranch AZ.



Stephanie Eastman

6 months ago



Renaissance Recovery is an empathetic, loving, supportive, realistic and holistic breath of fresh air in the valley's recovery community. Each employee that works there has your success and support as their number one goal. For those looking for hope, answers and solutions there is no finer establishment. I have witnessed absolute miracles happen in the rooms at Renaissance. Don't over think it.....give them a call! 🙏



Craig Owens

7 months ago



As a treatment provider, I've been aware of Renaissance Recovery Center for many years. I know Steve both personally and have worked with him professionally. I would highly recommend this program to anyone needing help with substance use challenges. Renaissance is caring, compassionate, and committed to providing the highest level of treatment. The team is experienced and uniquely skilled. They will always put the needs of each person first. If I need to make a referral in the Phoenix area, Renaissance is at the top of my list. If you need help, don't hesitate to call Steve. Renaissance Recovery Center does it the right way.



Mike Brown

7 months ago



Steve is an absolutely remarkable guy! I felt I got more benefit after a 30 minute assessment than I have from other providers in a very long time. His foundation is clearly built upon the genuine care and concern for those he serves, and his understanding and support for those in recovery is beyond reproach. Thank you!



Stephen Connolly

12 months ago



Having known Steve Brown for many years, and seeing his dedication to the service of those struggling with addiction and life disruptions, I know he and his team are dedicated to helping anyone searching to move from difficult times towards a more inspired and purposeful future. This is a place to re-design your future!



Bruce H Jackson

12 months ago



There are 2 kinds of life savers. Those lil circular mints and renaissance recovery center. One freshens your breath, the other freshens every aspect of your life!! Everything about this place is top notch. From the facilities where groups are held, down to couches in the lobby and everything in between. There are no words for how incredible the staff is. From the first intake call on the phone down to your last graduation ceremony where not only the whole staff from RRC comes to support you, but the lifelong friends you make throughout your journey. I've done my fair share of treatment programs. This one tops them all. With that being said, I WILL NEVER BE BACK...as a client!! But you can bet your circular mint chewin' beehind that I'll be back every week for the alumni meeting!! Let's get. Renaissance on 3!1...2...3!RENAISSANCE!!!!



Sean Hornbeck

a year ago



Steve Brown with Renaissance Recovery has been so incredibly helpful and caring in my husband's recovery. He has helped me by being an empathetic ear and a guide for all we were dealing with. I cannot express in words the positive impact he has had on our life and how grateful I am for him. If you or a loved one is in need of help, please contact Renaissance Recovery.



tana smith

a year ago



I have been in touch with Steve for a few months now. All I can say is that if you or a loved one are struggling with addiction there are people who will understand you, and when I called this place for the first time I finally felt understood. Addiction is complex and if you have concerns, one phone call can change your life. Start having a conversation. Don't suffer in silence. Educate yourself about addiction and all its complexities. It starts with you and this place will help you.



Erin Ware

a year ago



Absolutely hands down the epitome model of what real caring for individuals with addiction looks like. This is not a run of the mill experience with just a clinical look but with a deep understanding of addiction and what recovery looks like. Caring, compassionate, highly effective program that comes with support that is above and beyond after graduation.



Paola Palacios

a year ago



It is seldom that in a hard time you think you will gain from the experience, but because of this phenomenal center that is exactly what I got. Learned so much about myself as well as learned I'm not alone in my struggles. I made lifelong friends that walk beside me through it all and I with them. The staff is beyond compare! They're there for you through thick and thin. They honestly and truly care with love understanding and respect. Zero guilt pushed just genuine looking out. So happy I chose this path with these amazing people.



Joshua Kelben

a year ago



Highly recommend!! 5 stars!!! Great staff who took the time to get to know me. They have a lot of experience in this field and have first hand experience with what I was going through. IOP is outstanding and really built up a ton of great relationships and found this program to be a 'breath of fresh air'. They got a lot of love and empathy and will always go the extra mile to help their clients! When I first called Renaissance Recovery to ask some questions, someone locally answered and spent time with me just talking. No big

admissions call center! I knew this was place for me after that first call!! encourage anyone reading this, if you think you have a problem and need help Renaissance Recovery is a safe place and will change your life! Their program works... if you make the decision and take suggestions.



Dustin

a year ago



I want to say thank you so so much to Steve. Thank you doesn't truly express my gratitude. I called Renaissance as a broken-hearted grandmother to my grandson. We just found out at 22 years old he has Alcoholic Hepatitis. We had no idea he was even drinking. Steve calmed me down where I felt cared about and understood. I am so grateful that I have hope for a complete recovery for my precious grandson. Thank you and may God continue to Bless you and your staff. A Crenshaw



World Marketing Group

a year ago



I was introduced to Renaissance Recovery Center in June of 2020 when my husband decided to join their IOP program. As a spouse of someone who has battled addiction of all sorts for our entire 18yr relationship, I was not very convinced that this program would change anything but he was so sure this was where he needed to be so I agreed to it. I am so thankful that I chose to support my husband and his decision to partake in this program because it completely changed our life for the better. For the first time since we were 18yrs old, I finally saw the man I fell in love with coming back to life. This program, Steve, Dan, Lindsay, Nils and many of the men that my husband met in this group truly saved his life and our family. Ryan just celebrated 8months sober from everything and on 2/17/21 he celebrates 1 yr sober from opiates (which was his achilles heel) Renaissance took the time to invest in Ryan and Ryan gave his all to Renaissance and the outcome of this relationship is one that changed his course in life for the better. Ryan finally got down to the core of why he did things that he did and learned how to cope in different ways which led him back to a much stronger relationship with God and a core group of men that he continues to grow with and support throughout their individual recoveries. I am forever grateful to Steve and Lindsay especially as they played such a HUGE ROLE in helping Ryan deal with all his trauma and addiction. If you or someone you love struggles with addiction, I highly recommend Renaissance!! I have never seen anyone more genuine in their calling to help others as what Steve and his team are to the individuals in their programs. Thank you for saving my family and showing Ryan what it means to LIVE a full and meaningful life outside of addiction.



Ashley Wisniewski

2 years ago



"Sick and tired of being sick and tired". "Wanna get clean and sober but don't know how". These were my thoughts to myself before coming to Renaissance in June of 2020. Renaissance was literally a God-Send for me and my family. I had struggled with addiction(s) for almost 20 years and it was destroying my life. I did a lot of research about different programs but ALWAYS kept coming back to Renaissance for some reason. After my initial call with Steve I understood why right away. The team is truly one of a kind and the family atmosphere is felt right away. Steve, Lindsay, Dan, Chad, and Nils all will forever have an impact on my life. The thoughtfulness, caring, genuine emotional support, and knowledge that they provided and gave to me is exactly what I was looking for in a program. Words can't express what their program did for me and the gift of recovery/sobriety that they helped me gain for the 1st time in almost 20 years. I will always be in recovery and with their help and support I have a GREAT foundation and tools to work with to continue what they started from here on out. From the bottom of my heart (My wife and soon to be 4 boys hearts) I/we say THANK YOU for helping me get my life back and so much more!!Ryan Wisniewski



Ryan Wisniewski

2 years ago



I came to Renaissance bruised and battered by my own doing. Monday, January 4, 2021 is my last day of IOP. I now look back and see how different of a person I am. This is thanks to Chad, Dan, Steve, and Nils (and team). These men are the epitome of compassion, passion, and love (true Agape). I bonded with each and every one of them as they work tirelessly to help bring recovery and peace to us all. I have met amazing brothers in this program. I will never forget speaking to Steve on the morning of September 8, 2020. He immediately took me in as one of his own (he called me "brother", which had such a profound impact on my soul). I could feel his love and I knew immediately that this was my message from God (whom I was without for many years). I look forward to being in the aftercare program. I feel as though these gentlemen are an extension of my family. I am forever grateful for everything they have taught me and for helping me to become the better man I am today.



Pod Luthier

2 years ago



At first I was hesitant to start recovery because I didn't feel my addiction was as severe and I thought I could overcome Alcoholism on my own. Once I started with Renaissance I immediately felt surrounded by people who genuinely cared about me as a person and wanted to help me along my journey to recovery. I quickly realized that this was the right place to receive the help I needed to recover and that I couldn't do it on my own. They gave me the necessary support and helped me realize that I couldn't overcome my addiction by myself. They allowed me to dig deep into what would trigger me to drink and helped me to understand more about myself and the reasons I was drinking. I felt educated about this disease and it made me realize I wasn't alone in my recovery. I feel like a new person and it gave me power and confidence to move on and be myself again. Steve and Chad helped me to open up and admit that I needed to do this for myself and I couldn't do it for others. During group meetings I felt comfortable and connected to other people going through the similar situations. It enabled me to express my struggles and feelings about this addiction that I had never shared with anyone. Before coming to Renaissance Recovery, I did not open up or trust people as I do now and it has allowed me to build closer relationships with family and friends. I would highly recommend the Renaissance team because they truly provide an individualized experience and care about every person that comes through their door.



James Dangelo

3 years ago



Renaissance is an incredible establishment!! Every single counselor will get to know you, and help you with your own personal struggles. I've never met more caring people in any other recovery program. This is the first time that I have truly been confident in my recovery and have began to understand the process! Almost one year sober and the counselors still check in on me! I can't say thank you enough to Steve, Lindsay, Dan, and Chad! You guys are amazing!!



Jamie Morgan

3 years ago



A very professional and experienced staff with many years in the Addiction business. They focus on the solutions for their clients, approaching each on an individual basis with individual treatment plans. Their staff truly CARES about everyone that they work with. I would highly recommend this facility for anyone that is truly seeking sobriety.



HR Brown

3 years ago



I have worked for several other treatment providers and renaissance by far is the best treatment facility and is my forever home. I chased this job for years and am glad to be part of such an amazing team.



Chad Metz

3 years ago



Fundamental to my recovery are qualified counselors especially Steve Brown and treatment centers as effective Renaissance Recovery Center. I am in long term recovery through your efforts!



Nils Johansson

3 years ago



Finding Renaissance Recovery Center was a Godsend for our family! My daughter was in a safe and supportive environment that helped her succeed in her recovery. The staff are amazing...Chad, Lindsay and Steve, I can't say enough about what they do. They're a Family, and they treat not only their clients as family but all the rest of us that are involved and going through this our loved ones!!



Nani Pickell

3 years ago



I would highly recommend Renaissance! It's a family that you never knew you had or needed. They saved my life and I am forever grateful.



Dominique Hylton

4 years ago



Exactly what I dreamed for in my life to get me off the path of destruction when I was in desperate need for help, where I thought no one would be able to help me no friends or family could talk me out of my stubbornness to have drugs or alcohol be the resort to fix my problems. I had to be all in when I got to renaissance to want to get better and 9 months later I still believe it to be the greatest blessing in my 19 years of life, the structure the counselors with big hearts but most importantly the people is what made it great my higher power was the group not God but seeing the love at renaissance of staying connected and keeping each others heads up made me glad that Jesus was with us in our time of trouble seeing a man barely holding on about to fall with not just tears but another hurt alcoholic and drug addict on each side keeping him standing and head straight while also hugging to make sure he knows he's not alone, that man I like to believe was an angel and his hurt brothers and sisters was his wings to not only keep him from falling but soon be able to stand on his own.



Dallas Brower

4 years ago



Renaissance Recovery Center has been a gift for me personally and professionally! There is no other place I would recommend to receive the love, compassion and understanding I experienced while here! Everyone has been a resource for recovery and all understand what addiction truly is! I cannot thank Renaissance Recovery Center, Lindsay and Dan, but especially Steve Brown for the tools to change my life in ways I could not imagine before meeting them. I am truly grateful to God for placing them in my life! Words cannot express how my life has remarkably changed from a seemingly hopeless state of body and mind!Dr. Black



Seth Black

4 years ago



When life became unmanageable, I reached out to Renaissance Recovery and was astonished at the amazing professionalism, attention to detail, great education, and overall quality of service and care. They really do care and have a dynamic I haven't found at several other facilities I've tried. Reaching out for help is the the hardest part. They made it easy and the rest fell into place. Steve, Lindsey, Dan, and Chad are what make this program work. Head and shoulders above the rest. It's changed my life for the better and given me guilty of life that other places didn't deliver. It is always the first place I talk about (really brag about) and recommend if someone is suffering from this terrible

affliction of chemical dependency. If you need help and are struggling with addiction... Look no further. 12 step based recovery with one on one and group therapy. It was the best thing I ever did for me and my family. I'm now enjoying a new sober life I never thought possible. Thank you Renaissance for what you do. The place was a Godsend. Eternally grateful. Best luck and be well.



Charles Lyons

4 years ago



Five years ago I had the opportunity to meet Steve Brown, the owner of Renaissance Recovery. At the time, I was working with a physician who treated dependency with medication, but realized his patients also needed skilled counseling and therapy as a part of their recovery plan if they were to succeed in achieving long-term sobriety. He routinely referred his patients to Renaissance Recovery. I have had numerous occasions to observe Steve and his excellent staff as they interact with clients and their families. There is no condemnation or judgement for any client who walks through the door at Renaissance Recovery, only acceptance and empathy. The staff and the beautiful facility promote a therapeutic environment that fosters restoration of the mind, body, and soul. I encourage anyone seeking help for an addiction for themselves or for a loved one to contact Renaissance Recovery. Your call will be welcomed.



Barbara Bontempi

4 years ago



I am a spouse of someone who has been through Renaissance. This was our first rehab rodeo and hopefully our last! This program is full of counselors who love the individuals who are suffering. Renaissance recognizes that not only the addict is suffering, family and close friends may need support as well. During this time, I found the support I needed through the family group and workshops Renaissance puts together. I cannot say enough good things about this program and the process they encourage for healing as a whole. They want what's best for those in their program and their families as well. They offer addiction education and support to family members which helped me better understand my spouse and the process he was going through. They offer an after care program and have continued to show support to our family with therapy referrals and counseling suggestions. Steve Brown and his team listens intently to know the needs of who goes through their program. I am so thankful the impact Renaissance has had on my husband and also myself by encouraging a healing process for the family members as well. I was extended a hand of support from other struggling family members and the comradery of

this program is one that can't be beat. My husband has left this program with friends he will have forever just like I have. You are not alone and you don't have to suffer alone!



Farnsworth Farnsworth

4 years ago



If you are looking for THE place for recovery look no further! These are amazing individuals that have many years helping those who suffer from alcoholism and addiction. They are as genuine as they come and I promise you will get the care you need. I've been sober over ten years using this program as a base for my recovery . Steve brown and company continue to touch so many lives and take their profession seriously . You will never regret coming to this special place.



R-Factor LLC

5 years ago



Renaissance Recovery Center has incredible and caring staff who truly want to help you get better. The staff makes you feel comfortable, safe and private.



Tatum

5 years ago



The dedicated team of professionals at Renaissance Recovery Center are invested in the success of your recovery. They do what they do for the right reasons.



Marcia Dufern

5 years ago



I would absolutely recommend for addiction recovery. The staff is caring, wonderful, and extremely knowledgeable.



Richard Mezzia

5 years ago



My experience with Renaissance Recovery Center was nothing but absolutely wonderful. When I first walked thru the front door, I was greeted by a caring staff. I first met with Dan and knew this was the place for me. Steve and Lindsey provided me with invaluable tools and a mindset to be successful. Renaissance Recovery Center tailored my recovery process to my specific needs which is very important because each person's story and circumstances are different. I have now been sober for over 120 days and I could not have done it without the love and support of the wonderful staff at Renaissance Recovery Center!



Jody Bradshaw

5 years ago



I participated in the Intensive Outpatient Program from late September to late December. This program is amazing, run by three people who really know what they're doing! Our group meetings did follow a structure, but there was quite a bit of time for sharing and interacting with peers and staff members. Because of this format, our group became very close. We shared personal thoughts and stories in a very comfortable and responsive setting. The program also includes one-on-one therapy sessions every week, as well as individual help with the first four steps of the 12 step AA program. The combination of treatments and the supportive atmosphere is effective, and leaves many clients wanting more. I am currently enrolled in the aftercare program which meets once a week for two hours. In this group we focus more on strategies for coping and recognizing and diverting signs of relapse in everyday life. I highly recommend this program to anyone who is struggling with addiction.



Kathleen Anderson

5 years ago



I spoke with Steve he took the time to generously answer all my questions for my loved one, he even met with us on his day off! All without asking for a dime, he is in this for the recovery of people to get their lives back and not trying to sell spots! Don't second guess this is the place for you!



MoniqueFlores Beauty

5 years ago



I cannot say enough good things about renaissance recovery. They really care and truly love everyone who comes in for help. There is a strong spirit that I felt all the way through my treatment. Highly recommended



Greg Johnson

6 years ago



My husband and I have known Steve Brown for several years. We know him to be a wonderful man who has keen insight into the causes of addiction and the steps to recovery. Steve is a man of great integrity who genuinely cares about people and is very willing to help others.



Carolyn Payne

6 years ago



Known some of the staff there for many years. Their commitment and experience in treating addiction is some of the best available. Renaissance's alumni is a powerful group that has helped many of my friends get and stay sober.



Russ Bird

6 years ago



Personal and individualized care. Gracious and thoughtful staff. The individual sessions were ardent. The group sessions bring a camaraderie and fellowship which instigate everlasting friendships I never thought were possible. A new hope was instilled in me during treatment.



Nick Thompson

6 years ago



I manage the Chandler Coalition on Youth Substance Abuse and the Chandler / Gilbert Substance Use & Treatment Task Force. Steve Brown and his team are amazing! Steve is an active member of our Task Force donating time, resources and expertise. Steve and the renaissance team have a unique blending of experience, programs, faith and a love for people. I would say a very safe and empowering environment. It does not take you long to feel how genuine the team is about seeing people healed and set free! I highly recommend the Renaissance Recovery Center!



Ted Huntington

6 years ago



I am a therapist and I refer many individuals to this program and I always get wonderful feedback about Steve Brown and this program.



Dan Oakes

6 years ago



As a counselor, I often refer clients seeking assistance with addiction recovery to Steven Brown. He does good work and has been instrumental in changing many lives. I appreciate his many years of experience and his expertise in this area. If you are looking for guidance in your recovery, reach out to Renaissance Recovery Center.



Anita Marple

6 years ago



Steve Brown at Renaissance Recovery Center is the most incredibly caring counselor! I called initially to schedule an appointment and ended up talking to him on the phone for at least 30 mins and he was filled with good advice and a listening ear. He followed up the next day with me to see how things were going. Even though his office doesn't treat my specific need, he still spent time helping me find other resources that will help me. I encourage all who are searching to call this office.



Shelly Colvin

7 years ago



Renaissance is a game changer!! It was the greatest move I have ever made. At 53 years old and lifetime of abuse I was sure nothing would change me; I thought my situation was unique. I started IOP with an open mind and as I grew more and more my life started to get clearer. I have over 10 months now and going strong. Renaissance saved my life and gave me hope. Thank you!~James R



James Ronzoni

3 months ago



These folks seriously do the lords work. I've been to a few treatment places, and none made me actually convinced that the staff cared about me the way Renaissance did. They helped me stay safe, they are there any time you need to call, the facility is open and designed to just use as a hang out spot outside of sessions. Pool table and everything! I learned most of my strongest recovery tools here. I've got 11 months and some change of sobriety now, and I owe so much of that to Renaissance.



laurel oxenborg

4 months ago

Accredited, Proven Outpatient Drug Addiction Treatment and Alcohol Abuse Rehabilitation Programs









ARIZONA
DEPARTMENT OF
HEALTH SERVICES



OUR MISSION: To promote healing and wellness for the suffering addict, their families, and others struggling with psychological and emotional challenges; to provide care within an environment of safety, respect and regard for each individual.



Watch Video At: <https://youtu.be/ibj9vWLDLeg>

Renaissance Recovery Center
459 North Gilbert Road Suite B-140
Gilbert, AZ 85234
> [Get Directions](#)

Phone: [\(480\) 526-7738](tel:(480)526-7738)

Email: steve@renaissancerecoverycenter.com

