Cocaine and Crack Cocaine Addiction Treatment in Arizona

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We Can Help End Your Cocaine Addiction

Any addiction is a serious concern, when that addiction is cocaine (and crack cocaine), those *concerns are literally life and death*.

"The risk of death from the first use of cocaine before someone would even be classified as an addict is something that places the drug in <u>an elite category of exceptionally dangerous substances</u>."

The answer is getting help. If you or someone you know or love is battlingsubstance abuse, our understanding and professional staff at Renaissance Recovery Center is available to help begin the road to recovery and to get the help you need to win this fight.

If you or a loved one is struggling with Cocaine Addiction and is considering treatment, Please contact Renaissance Recovery Center at (480) 526-7738 for a free consultation.



What is Cocaine?

Cocaine is a powerfully addictive stimulant drug. It is commonly used recreationally, and cocaine use often leads to dependency and addiction. Cocaine is made from the leaves of the coca plant. It is an illegal drug, and is most often found in a white powder

form. It can be ingested, smoked, snorted or injected. Crack cocaine is found in a rock, crystal form and can be smoked or free-based. Cocaine causes an intense "rush" and "high".

Cocaine Dependence and Addiction

Cocaine increases levels of dopamine in brain circuits controlling pleasure and movement. Dopamine is the chemical involved in the pleasure circuit of the brain. Cocaine causes excessive amounts of dopamine to build up between nerve cells. The flood of dopamine causes the cocaine "high". The brain assigns a much higher reward or pleasure value to the drug. With chronic use, the pleasure center of the brain is dysregulated, often rendering the user unable to experience pleasure naturally.

Cocaine Effects

The effects of cocaine are characterized by an *intense rush of pleasure*, *often followed* by a crash. With the onset of dependence or addiction, the user will often experience cravings, urges, obsessions and compulsions. This phenomenon can hijack the users sense of values, judgment, reason and morality; leading to high risk and destructive behaviors to seek, obtain and use the drug.

The short-term effects can be an experience of extreme happiness and *alertness*. *Irritability* and *hypersensitivity* are also common side effects. Long-term use can lead to *paranoia*, as well as *bizarre and violent behavior*. There are also *significant health risks* associated with cocaine use.

Treatment for Cocaine Addiction

Those seeking crack cocaine addiction treatment in Gilbert, AZ have some excellent rehab options and the road to recovery begins with reaching out to our professionals at Renaissance Recovery Center. Many forms of treatment are available for those struggling with cocaine use disorder. Most commonly, 12-step, cognitive behavioral, and other behavioral interventions are utilized. It is important that the client works with a multi-disciplinary team equipped to deal with the medical, psychological, emotional, spiritual and behavioral needs of each individual. Crack cocaine addiction treatment is a multi-step process.

Evaluation – Those options give counselors and doctors the ability to create effective programs in the treatment for cocaine addiction. After the evaluation the following steps can be used in a variety of cocaine addiction treatment methods.

12 Step Programs – A core feature of virtually every successful recovery program, including treatment for cocaine addiction.

Therapy – Programs may include a range of therapies from family to behavioral counseling.

Aftercare – Following program discharge patients will work with our team to develop a long-term plan.

Our Cocaine Rehab Program

At <u>Renaissance Recovery Center</u>, we offer <u>outpatient treatment</u> and <u>social support</u>. In most cases, *changes need to be made to the environment, lifestyle, relationships and social experience to promote long-term recovery*. Sobriety and positive change happen within a community. It is crucial to have the healthy connections necessary to meet the needs of the individual. Otherwise, the sufferer will often revert to the chemical and culture "counterfeit" to meet those needs.

Intensive outpatientsubstance abuse treatment – Our outpatient programs at Renaissance Recovery Center are designed to work with and around your schedule and your life.

OUr evaluation will determine the original plan of recovery. These are intensive programs that will generally adhere to the following structure:

Primary Treatment – (60 days in length); Group therapy Mon-Thurs from 6:00-9:00 P.M.

Aftercare Program – (90 days in length); one night per week from 6:00-9:00 P.M..

Individualized recovery plan is based on the specific needs and considerations of each individual.

Recovery Starts with the First Step – Contact Renaissance Recovery Center for Cocaine Addiction Treatment in Gilbert, Arizona

Cocaine addiction treatment from Renaissance Recovery Center in Gilbert, Arizona offers each client a customized treatment plan designed to meet his or her individual needs. Our approach to cocaine addiction recovery is *holistic*; involving group and individual counseling, which addresses the *spiritual*, *emotional* and *psychological* aspects of recovery. Our goal at Renaissance Recovery Center is to help you get onto the road of recovery and stay there until you reach your destination. Contact Renaissance Recovery Center at (480) 526-7738 for any questions or to get a free assessment. We will walk beside you every step of the way – but the first step starts with you.