

# Marijuana Addiction Treatment (Cannabis)

---

[www.renaissancerecoverycenter.com/addiction/marijuana-addiction-treatment-cannabis/](http://www.renaissancerecoverycenter.com/addiction/marijuana-addiction-treatment-cannabis/)

Marijuana is generally considered a Schedule 1 narcotic with a high potential for abuse and dependence.

## What Is Marijuana/Cannabis?

Marijuana is a green, brown, or gray mixture of dried, shredded leaves, stems, seeds, and flowers of the hemp plant.

### Short-term effects of marijuana may include:

- Impairments in perception, learning, comprehension and memory
- Difficulty concentrating coordination
- Lowered motivation
- Paranoia
- Hallucinations
- Altered cognition
- Anxiety or panic attacks

### Long-term effects of marijuana may include:

- Negative effects on levels
- Diminished sexual desire, pleasure and performance
- Increased cancer risk
- Psychological and physical dependence

## Marijuana Addiction

Marijuana addiction is characterized by a pattern of use involving loss of control. Many cannot stop on their own, despite experiencing negative consequences. There is a strong psychological dependence with marijuana use.

***Regular use may also create tolerance; where more of the drug is required to produce the same high, leading to physical addiction.***

## Treatment for Marijuana Addiction

Marijuana treatment begins with abstinence. While physical dependence is not as severe with marijuana, there are symptoms which accompany marijuana withdrawal. However, ***marijuana may cause powerful psychological and emotional dependence.***

While some drugs are more physically addictive than others, that is just one component of [addiction and recovery](#). The psychological, emotional, social and spiritual components of addiction are present with marijuana, as with other substances. The underlying issues are the main drivers of any substance use disorder, and must be adequately addressed in order for recovery to occur.

***Cognitive-behavioral therapy and motivational work have proven to be effective interventions for marijuana dependence treatment.*** DBT and Attachment therapies have also been found to have benefit. Those abusing marijuana often struggle with anxiety, depression, or other mental health conditions. [Addressing the co-occurring](#)

issues is essential to a comprehensive recovery process for each individual.

As with other substance use disorders, rehab for marijuana dependence is sometimes necessary. Day Treatment (PHP), or [Outpatient options](#) should be considered for recovery from Marijuana Use Disorder.

### **Center for Marijuana Addiction Treatment in Gilbert, AZ**

***Marijuana addiction treatment from Renaissance Recovery Center in Gilbert, Arizona offers each client a customized treatment plan designed to meet his or her individual needs.*** Our approach to marijuana addiction recovery is holistic; involving group and individual counseling, which addresses the spiritual, emotional and psychological aspects of recovery. Contact us at 480-526-7738 for any questions or to get a free assessment.